

Pasta (any type)
Spaghetti sauce
Cooking oil
Canned beans
Canned vegetables
Oatmeal or hot cereal
Beans (dry)
Canned tomatoes.
Canned Tuna/Salmon

Peanut butter
Jelly
Rice
Soup
Snacks (healthy only)
Nuts
Granola Bars
Applesauce
Spices



PANTRY ITEMS NEEDED
